



# MANCHESTER HOUSE NEWSLETTER

## Achieving Community Resilience

October 2020  
Issue 5

**Contact:**  
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**Donate:**  
By cheque to Manchester House at PO Box 349, Feilding.

By Eftpos at 68 Aorangi Street, Feilding

By Internet Banking on 03 0626 0631496 002

**Facebook**  
@manchesterhousesocialservices



## NEW EQUIPMENT FOR POPULAR SENIOR HUB EXERCISE PROGRAMME

The popular 'Huff and Puff' exercise programme at the Senior Hub has just received a boost as a grant from Mainland Foundation has funded them with new equipment.

The programme attracts up to 25 people per session, half of whom are male and one who is 101 years old! It assists with strength balance and socialisation in a warm, welcoming, fun environment. The new equipment ensures there is plenty of gear for the expanding group that is fit for their specific needs.

To find out more about 'Huff and Puff' call the Senior Hub on 06 323 2410



## MEET OUR NEW SOCIAL WORKER

Monica Mealy- Barnes is now a permanent member of staff and you can find her in the first office to the left of the reception desk. Monica is from New York where she met her Kiwi social worker husband. They lived in Philadelphia near her family and 11 years ago they and their three daughters (then 16, 11 and 8) made the move to his hometown Palmerston North. They arrived two weeks after the Christchurch earthquake!

After a 20 year career as a teacher, trainer and mentor Monica returned to university and completed a Master's degree in Applied Social Work at Massey, part of which was a placement at Manchester House beginning in March.

During the lockdown Monica found creative ways to stay connected to the families with whom she was working. Being part of a multi-disciplinary team bringing hope and a better life to families is giving her great satisfaction.



Donations and community partnerships are essential, especially now as we looked to meet longer term needs during the recovery phase of the pandemic.

give a little  
from Spark<sup>nz</sup> Foundation

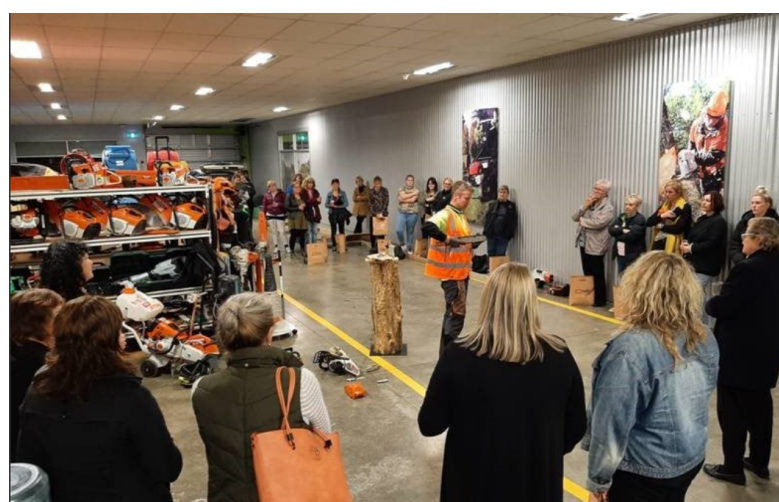
Go to <https://givealittle.co.nz/org/manchesterhouse>

## NOVEMBER FUNDRAISING CONCERT.

'Moxy' is a Manawatu group of six vocalists and musicians whose recent café concert "A Tribute to Anzac" in Palmerston North played to a sell-out audience. Eager to extend their audience to the wider Manawatu they have offered their programme entitled as a fundraiser for Manchester House and Food Bank. The 3pm concert will be held at the Senior Hub, 14 Bowen Street on Sunday November 15 and will include Feilding male vocal group "Five Shades of Grey".

Tickets are limited to 100 and are available at \$15 each from the Coach House, The Senior Hub or the Manchester House Social Services Hub on Aorangi St

## FEILDING STIHL SHOP AND TRC TOYOTA SUPPORT MANCHESTER HOUSE



The 20th of August saw Feilding STIHL Shop and TRC Toyota hold a successful 'Ladies Night' with all proceeds going to Manchester House. The 40 women who attended on the night got some insight into basic chainsaw training, an introduction to STIHL's new battery powered equipment along with a glass of wine and a goodie bag.

\$500 was raised on the night and gratefully received by Manchester House who will focus the proceeds on social services provision.

## SEEKING DONATIONS FOR OUR CHRISTMAS CAVE AND CHRISTMAS FOOD FUND

Manchester House Christmas Cave will be opening in the third week of November to provide presents for children in our community who may otherwise go without. Donations of new toys are appreciated. Please leave them unwrapped, so children have the opportunity to choose what they want.

Financial donations and food donations are also appreciated for our Christmas food parcels which are delivered to 60-80 at risk families to provide them with the treats and staples that make things just that little bit special. Donations of jellies, lollies, cakes, treats and non perishable Christmas food are all appreciated. These can be delivered to the Manchester House Social Services Hub on 68 Aorangi Street. Donations can be made via the bank account details on this newsletter. Please note XMASFUND and your name as the identifying code



MANCHESTER HOUSE OP SHOP WOULD BE INCREDIBLY APPRECIATIVE OF ANY DONATIONS OF HOUSEHOLD BRIC-A BRAC AND FURNITURE FROM THE COMMUNITY. THESE CAN BE DELIVERED DIRECTLY TO THE SHOP AT 115 FERGUSON STREET.

**MOXY**  
TRIBUTE TO  
**ANZAC**

*A Fundraiser for Manchester House & Foodbank*

**Sunday 15<sup>th</sup> November 2020**  
**3.00pm**  
**Senior Citizens Centre**  
*Bowen Street, Feilding*

**TICKETS \$15 includes afternoon tea**