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# MANCHESTER HOUSE NEWSLETTER

**Achieving Community Resilience**

**April 2021**

**Issue 7**

**Contact:**

68 Aorangi Street  
PO Box 349 Feilding  
06 323 917  
[reception@mhss.org.nz](mailto:reception@mhss.org.nz)

**Donate:**

By cheque to Manchester House at PO Box 349, Feilding.

By Eftpos at 68 Aorangi Street, Feilding

By Internet Banking on 03 0626 0631496 002

**Facebook**

[@manchesterhousesocialservices](https://www.facebook.com/manchesterhousesocialservices)



## **Need emergency food support? Come and see us.**

With winter approaching we find more and more people are accessing our foodbank for support to get them through with the extra expenses that the change in seasons brings.

This is a friendly reminder to the community that in order to access this service you need to come to our Social Services Hub at 68 Aorangi Street. We do NOT accept requests for food via email or phone. It is important to us to meet in person with clients and discuss their needs.

We are open 9am-4:30pm Mon- Thursday and 9am- 4pm on Friday. We are closed every day between 12:15pm-1pm for lunch.



## **Celebrating Courage; Raising awareness around methamphetamine use in the community.**

Methamphetamine use and its impact on our communities has been at the forefront of local media recently, Ra and Vinnie both courageously sharing their stories which can be viewed currently on Stuff.

<https://www.stuff.co.nz/national/300199878/settling-old-debts-meth-guns-gangs-and-the-long-road-back>  
<https://www.stuff.co.nz/national/300201284/doctors-police-judges-among-meth-users-says-former-dealer>

All of us at our Social Services Hub are proud to work with these two incredible, inspirational people; to walk with them on their journey and for their experiences, honesty and courage to add so much value to ours in turn.

## **Support Manchester House by signing up to Comm-Unity.**

You can help support us and local businesses at the same time by signing up for a new initiative called CommUnity. CommUnity generates money for Kiwi CommUnity Groups by uniting merchants, community groups and everyday shoppers (like yourself) to support and strengthen one another. Every time a CommUnity Member shops at a participating CommUnity Merchant, a small percentage of each transaction is passed onto the CommUnity Groups or charities of that Member's choosing. It's that simple. Go to <https://comm-unity.kiwi/> to find out more.



**Go to <https://givealittle.co.nz/org/manchesterhouse>**



## Welcoming our new Financial Mentor

Manchester House Social Services Hub recently welcomed a new Financial Mentor Nicky to the team in the effort to meet growing demand around budgeting advice. Nicky who is also employed by Manchester House Op shop originally hails from the UK and has been living in Feilding with her husband for the past 13 years. Recently qualified and currently working for 6 hours a week, Nicky is finding the experience both rewarding and challenging and finds it puts her wonderful people skills to use.

You can request the assistance of a Financial Mentor by contacting us on 06 323 7191 or emailing [reception@mhss.org.nz](mailto:reception@mhss.org.nz)



## Funding success for creative opportunities at the Senior Hub.

*Art for Seniors*

Come along to an introductory session to meet artist Joe McMenamin and find out more about the upcoming art workshops for seniors. There is no cost.

**Tuesday 11th May 1 - 2pm**  
**Manchester House Senior Hub**  
**14 Bowen Street, Feilding**

No registrations are necessary for attending his opportunity but if possible please indicate your interest by emailing [sandrahirst@mhss.org.nz](mailto:sandrahirst@mhss.org.nz) or calling 06 323 2410 for catering purposes

*Joe McMenamin*

The Senior Hub has been successful in an application to the Council's Creative Communities Fund to pilot two sets of art classes taught by local artist Joe McMenamin. These will be tailored specifically to the needs of the 65 plus demographic in the community. Classes will take place at the Senior Hub and will be an opportunity for participants to express themselves creatively and produce a finished piece which will be celebrated by a final exhibition at Joe's gallery in central Feilding.

There will be a free introductory session (please see flyer) for all that are interested to get a taste of what will be covered and registrations will be taken after that point for the two courses.

For more information please get in touch with Senior Hub manager Sandra Hirst on 06 323 2410, [sandrahirst@mhss.org.nz](mailto:sandrahirst@mhss.org.nz), or drop into the Senior Hub at 14 Bowen Street.

## Supporting Te Pou Torowhanui Boxing Academy

Feilding Police in association with Evolve Gym and MDC are proud to be providing Te Pou Torowhanui Boxing Academy to our local youth.



The group, which is facilitated by professional boxing coaches Shelly Ashton and Blair Reid is open to 8-17 year olds (by referral) and covers aspects such as boxing technique, teamwork, fitness, body strengthening and self-discipline.

An important aspect of the programme is around strengthening wellbeing; which is where the role of Manchester House social worker Monica Mealy Barnes comes in. Monica works with participants to help them understand the value of their voice and how it helps their wellbeing and to encourage the practices of mindfulness, emotional stamina and reflective participation. Manchester House also provides food for the programme to ensure hard working tummies are full.

Te Pou Torowhānui also rely on some community volunteers who provide the participants with extra support during the boxing segment, as you can imagine it can get quite challenging at times for the Rangatahi.

The programme is always looking for more youth support persons or business assistance to help continue its success. To find out more, contact Constable Allan McLean on [allan.mclean@police.govt.nz](mailto:allan.mclean@police.govt.nz), 021 191 4617.